

Technology and COVID-19

London and Logan

How has COVID-19 impacted phone usage?

As teenagers ourselves, we noticed a significant increase in our phone usage during self-isolation. We decided to survey our friends and peers to find out if they felt the same way.

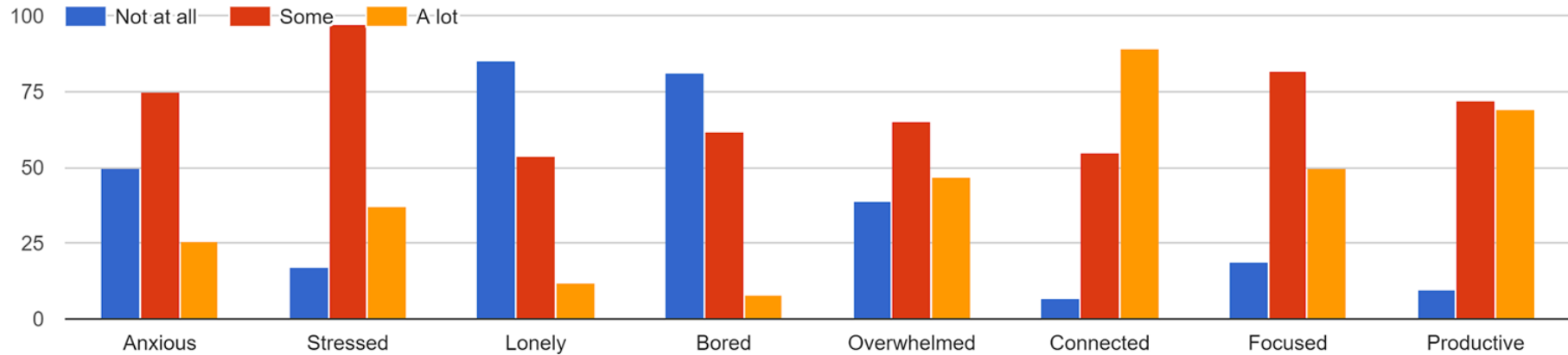
Methods of data collection

We collected data with a Google Forms survey that we created.

We both used our social media platforms to reach out to our friends and acquaintances about their experience with technology during the COVID-19 outbreak. We asked them if they had experienced mood changes, if their phone usage had increased during this time, and which app they had used the most in the last week. We received 151 responses to our survey and reached a demographic ranging from 11 to 71 years old.

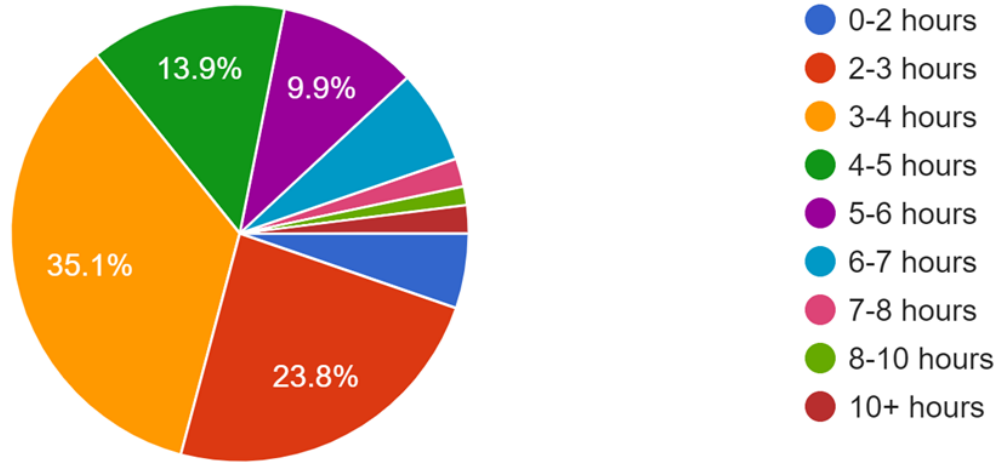
Results

Please rate each of the following on how you felt BEFORE the COVID-19 outbreak.



On average, how many hours a day would you estimate that you used your phone BEFORE the COVID-19 outbreak?

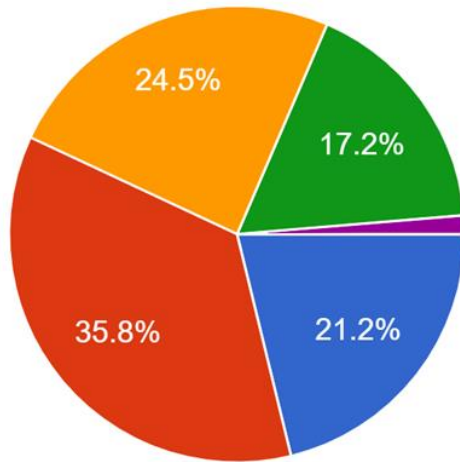
151 responses



When asked what app they spent the most time on in the last week, most said TikTok, Snapchat, or Instagram.

How do you feel about the amount of time you spend on said app?

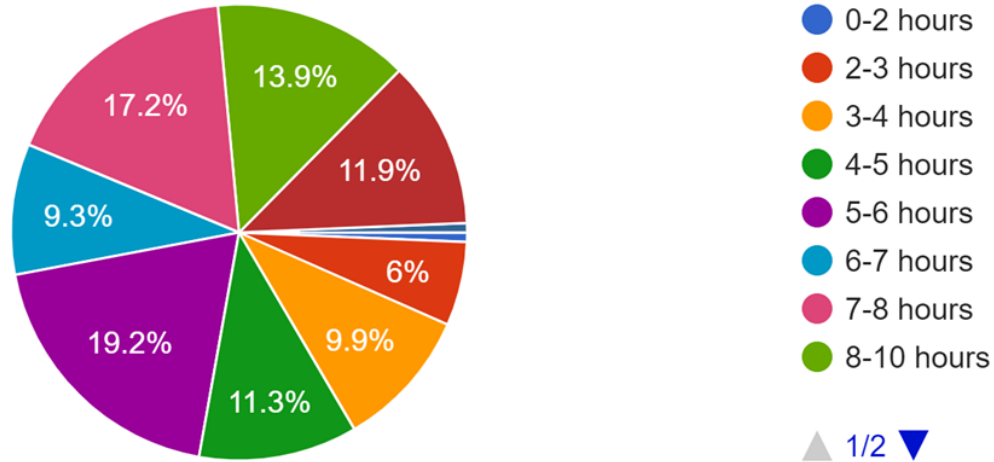
151 responses



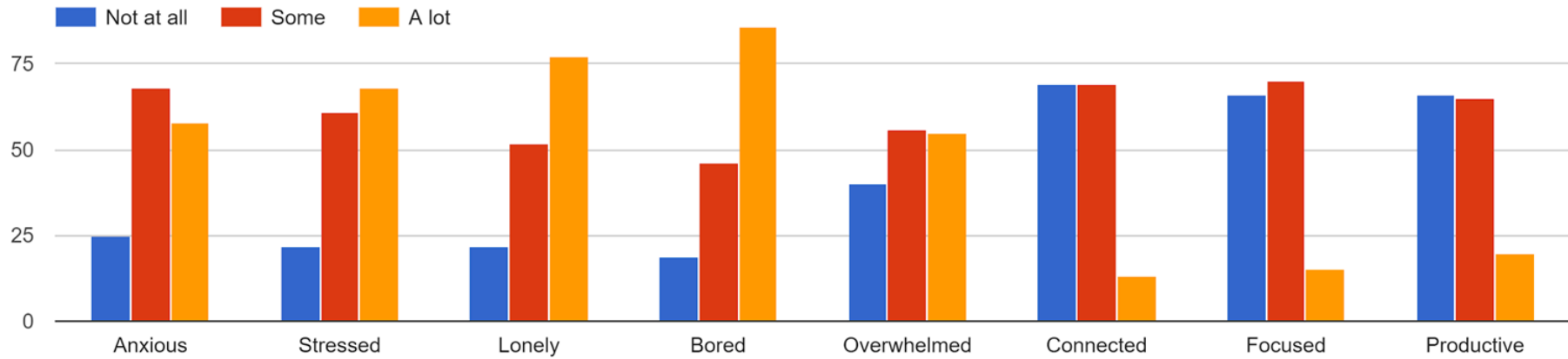
- I wish I spent less time on this app
- I spend too much time on this app
- Indifferent
- I spend an adequate amount of time on this app
- I wish I spent more time on this app

On average, how many hours a day would you estimate that you have used your phone DURING the COVID-19 outbreak?

151 responses



Please rate each of the following based on how you have felt DURING the COVID-19 outbreak.



In conclusion:

The COVID-19 outbreak has changed the way we interact with others. For most it has meant extended periods of screentime, as it is our only way to communicate with others during isolation.

The COVID-19 outbreak has significantly increased the usage of social media and other apps that connect people across all age groups.



THANK YOU!